



A new partnership in recruiting experts

## EMPLOYEE ASSISTANCE PROGRAM GUIDANCE RESOURCES

Coping with today's complex, fast-paced world can be challenging. When you need help balancing your work and family needs you now have another resource to turn to. All benefit eligible employees have access to the Employee Assistance Program (EAP). **This benefit is 100% paid for by Veredus | Hays.**

ComPsych EAP offers confidential counseling services to help with personal issues you and your dependents may be facing. An experienced clinician will discuss your concerns and help you develop an action plan that may include referrals to local resources and other expert counselors. You and your dependents have **unlimited telephonic support** with a contracted EAP professional (per incident).

**The EAP can help you deal with a variety of personal concerns such as: Confidential Counseling, Financial Information & Resources, Legal Support, and Work-Life Solutions.**

- **Confidential Counseling**—*Someone to talk to.*  
This no-cost counseling service helps you address stress, relationship and other personal issues you and your family may face. It is staffed by Guidance Consultants—highly trained master's and doctoral level clinicians who will listen to your concerns and quickly refer you to in-person counseling and other resources for: stress, anxiety and depression, relationship/material conflicts, problems with children, job pressures, grief and loss, and substance abuse.
- **Financial Information and Resources**—*Discover your best options.*  
Speak by phone with our Certified Public Accountants and Certified Financial Planners on a wide range of financial issues, including: getting out of debt, credit card or loan problems, tax questions, retirement planning, estate planning, and saving for college.
- **Legal Support and Resources**—*Expert info when you need it.*  
Talk to attorneys by phone. Call about: divorce and family law, debt and bankruptcy, landlord/tenant issues, real estate transactions, civil and criminal actions, and contracts.
- **Work-Life Solutions**—*Delegate your "to-do" list.*  
The EAP Work-Life specialists will do the research for you, providing qualified referrals and customized resources for: child and elder care, moving and relocation, college planning, pet care, and home repair.
- **Free Online Will Preparation**—*Get peace of mind.*  
EstateGuidance provides assistance in writing your will. You can create and download your will at no cost. (Online support and instructions for executing and filing your will are included.) You can: name an executor to manage your estate, choose a guardian for your children, specify your wishes for your property, and provide funeral and burial instructions.

The EAP is available to you 365 days a year, 24 hours a day. Sun Life's EAP toll-free number is: 877.595.5281 or Online: [guidanceresources.com](http://guidanceresources.com) Your company Web ID: *EAPBusiness*.

**This service is 100% confidential and is not reported back to Veredus | Hays.**